



**Government of Nepal  
Ministry of Health**

# **Department of Ayurveda**

**Teku, Kathmandu**

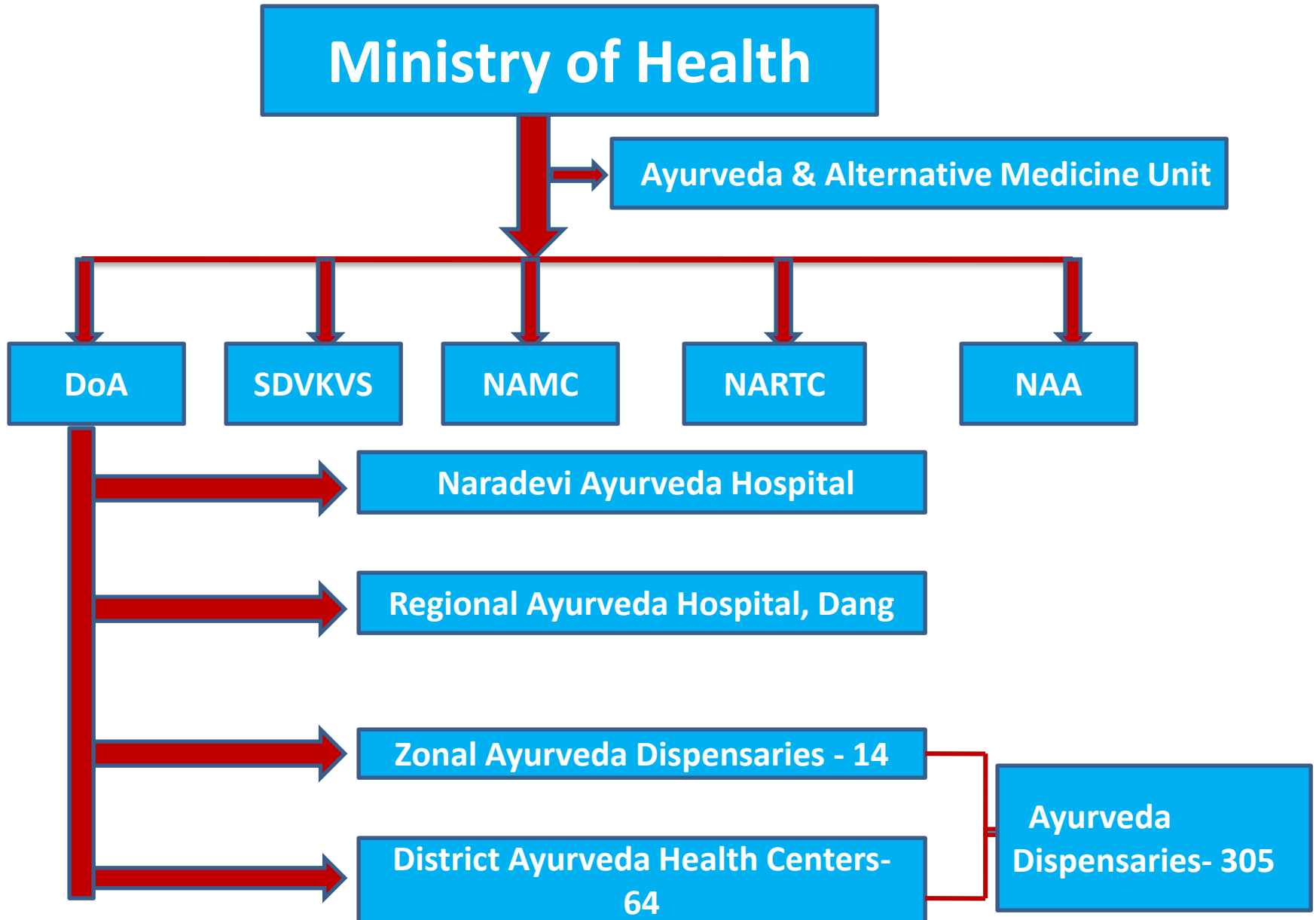
**Joint Annual Review  
2015/2016**

**Dr. Vasudev Upadhyaya  
Director General**

# Background

Ayurveda is an ancient medical system and indigenous to Nepal with deep roots. Department of Ayurveda primarily manages the delivery of Ayurveda services and promotes healthy lifestyles through its network facilities all across the country. The Department of Ayurveda is responsible for programming and management of Ayurveda Service programs. Various national and international policies have highlighted the importance of Ayurveda services in primary health care and for prevention of NCDs.

# Structure of Organization



# Ayurveda Service Program

Curative service through OPD and IPD

Preventive and promotive services ( Yoga, Panchakarma, Life style management and awareness program )

Maternal and child health program (lactating mother and child care)

Health promotion program for senior citizen

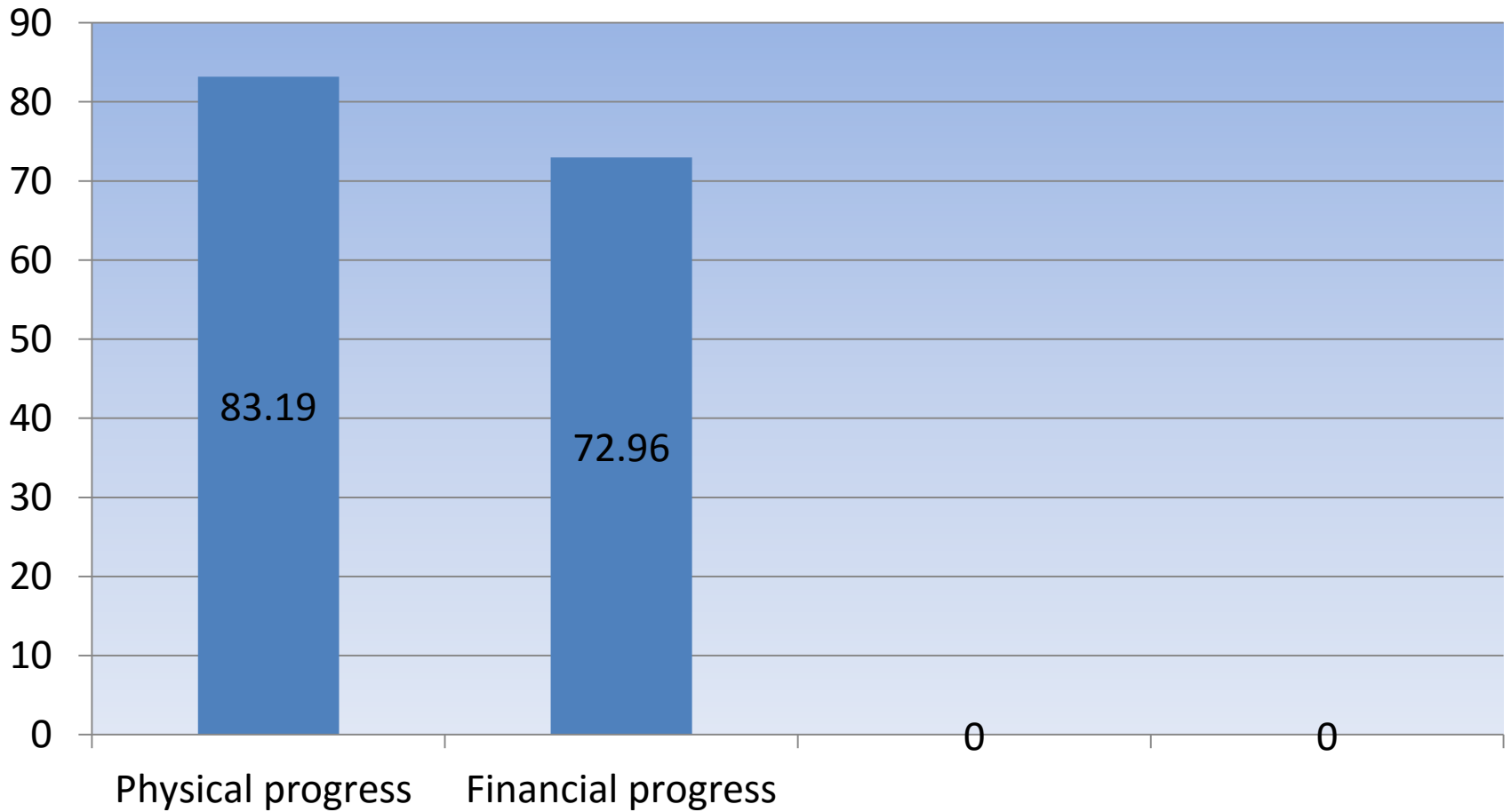
Rural outreach clinic and Management of NCDs

School health program

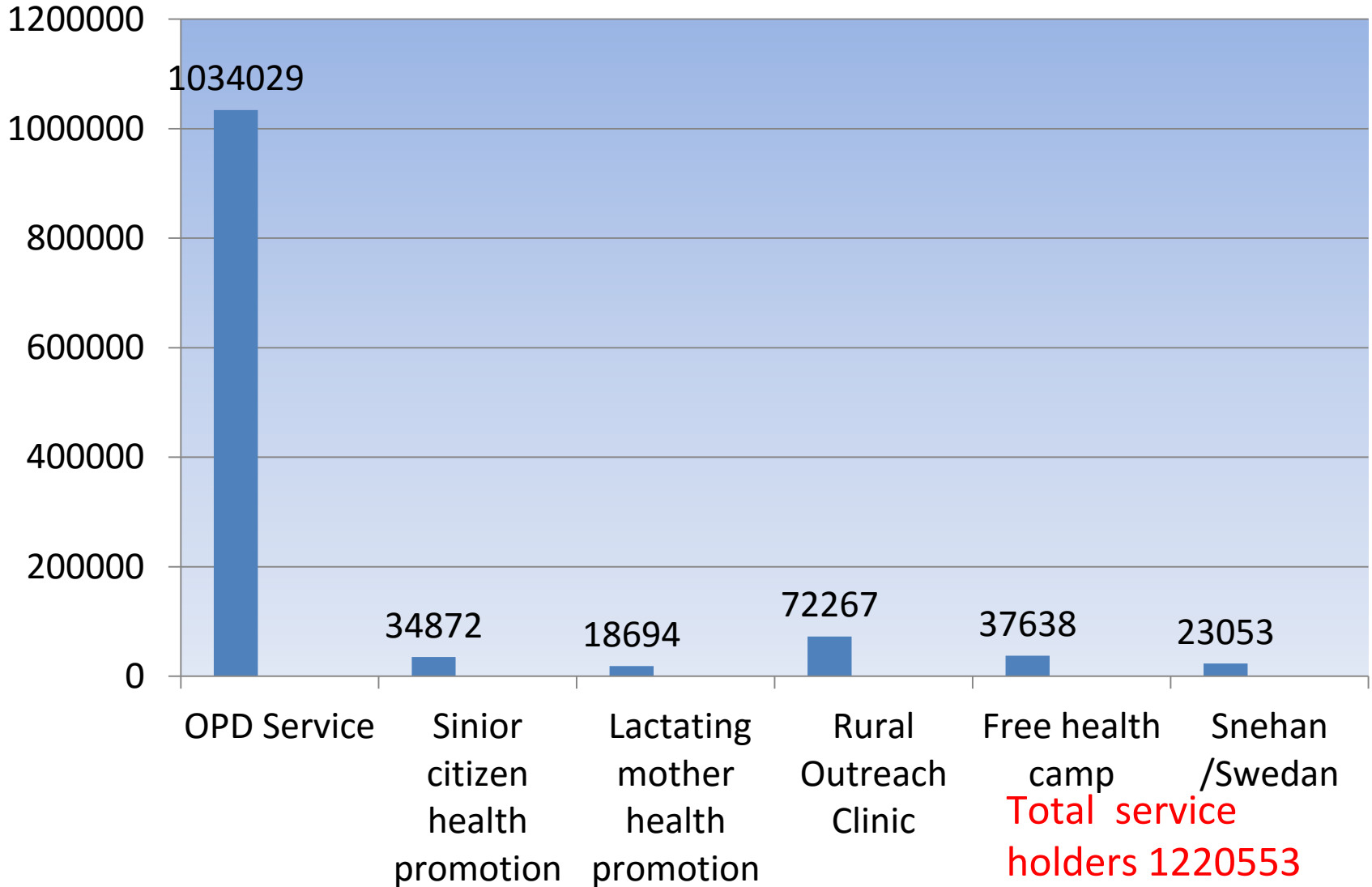
Awareness program for local people on locally available medicinal plants

Free health camp from 75 districts

# Progress in Fiscal yr. 2072/73



# Total service holder in FY 2072/73



# Issues and challenges

- Lack of qualified HR like Public health expert, researcher, statistician etc. in Ayurveda.
- Ayurveda Reporting System is not a part of Health Management Information System (HMIS).
- Lack of researchers and research in Ayurveda .
- Lack of quality assurance and control measure e.g. National quality specification and standardization for herbal medicine, GMP for herbal medicine.

# Contd..

- Lack of intersectoral coordination to prevent Non communicable disease
- To strengthen and sustain free Essential Ayurveda Drug supply.
- Minimum Integration and linkage to Modern Technology.
- No financial and technical supports & lobby from EDPs for Ayurveda and other Traditional medicine.



# Opportunities

- Ample natural resources .
- Deep rooted tradition, strong cultural support & centuries old history
- Panchakarma and Yoga as an essential and widely popularized for NCDs.
- Long tradition of using natural resources (as medicines or economic resources)

# Major achievements

- Establishment of Yoga and Panchakarma Hall in 20 Districts.
- Snehan and Swedan program.
- Health promotion program for Senior citizen .
- Program for Lactating mother. (Distribution of Galactogogue medicine )
- Rural Outreach Clinic for NCDs.
- Yoga TOT for 26 Ayurveda manpower .

# Priorities and Perspectives

- Capacity building training to Ayurveda health workforce especially in Yoga and punchakarma.
- Improve access to Ayurveda health services and conduct awareness program in community level regarding to NCDs using locally available resouces.
- Research and development in Ayurveda

## Contd...

- Coordination with EDPs to promote and develop activities of Ayurveda and traditional system.
- Develop Nepal Ayurveda medical formulary.
- Develop guideline and manual to expand Panchakarma services in local level.
- Expand School yoga program in school and community .

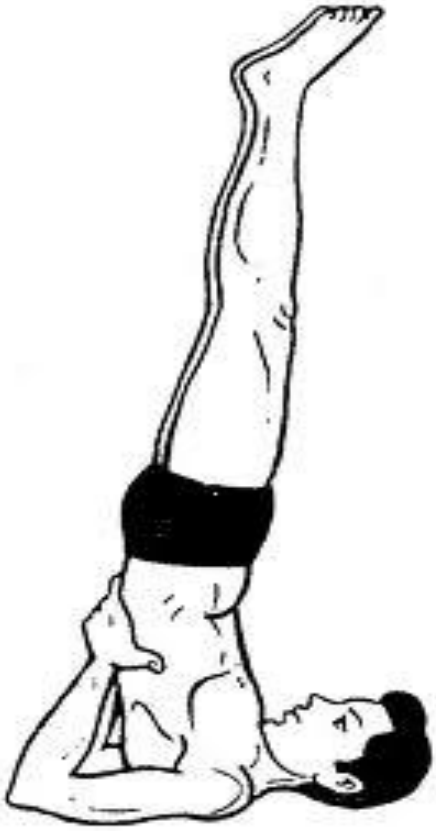
## Contd...

- Develop high level Committee for quality assurance of practitioner, practice, products of Ayurveda
- Update Ayurveda information system for quality monitoring.
- Update the list of free distributed essential Ayurveda drug on the basis of top fifteen and top ten disease and ensure budget to procure Ayurveda drug for sustainable supply.



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